



Canadian Pain Society  
Annual Scientific Meeting  
April 27-30, 2024

Westin Ottawa

Special Events Brochure

Saturday April 27, 2024

0800-1715h

Westin Ottawa

Les Saison – 3<sup>rd</sup> floor

UPDATED: April 14, 2024

**CPS Pain Refresher Workshop for Practicing and Trainee Pain Medicine Physicians: A Satellite Course**

- Jointly organized by the Interventional Pain and Neuropathic Pain Special Interest Groups of the Canadian Pain Society

**Course Directors:** Dr. Anuj Bhatia and Dr. Harsha Shanthanna

**Course Coordinator:** Dr. Danielle Alvares

Please contact [Danielle.Alvares@uhn.ca](mailto:Danielle.Alvares@uhn.ca) to register.

**Accreditation:**

**College of Family Physicians of Canada** Mainpro+® - Group Learning (One-credit-per-hour)

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto for up to 6.0 Mainpro+® credits.

**Royal College of Physicians and Surgeons of Canada** – Section 1. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 6.0 hours (credits are automatically calculated).

**Registration:**

Practicing physicians - \$600; Trainees - \$300

**Discounted rate if attendee is also registered for the CPS Annual Scientific Meeting:**

Practicing physicians - \$400; Trainees - \$200

**Registration – Les Saison 3<sup>rd</sup> floor**

**Breakfast – Saskatchewan 3<sup>rd</sup> floor**

0800 – 0900

**Welcome and Introductions**

*Anuj Bhatia and Harsha Shanthanna*

0900 – 0915

**New pain definitions and ICD-11 classification: What is relevant for the practicing pain physician?**

*Nimish Mittal*

0915 – 0935

**Medications and procedures for neuropathic pain: is there anything new?!**

*Harsha Shanthanna*

0935 – 0955

**Q & A**

0955 – 1005



## **The Morning Roundtable: Training, Certification and Practice of Pain Medicine in Canada: a round table discussion**

*Panel: Ian Beauprie, Hance Clarke, Virginia McEwen, Angela Mailis, Nimish Mittal, Abeer Alomari.*

*Moderators: Harsha Shanthanna and Anuj Bhatia*

1005 – 1055

- The landscape of pain medicine practice in Canada: who is doing it
- Different paths to becoming a pain physician
- Making real progress with PM residency-challenges/changes/making it attractive
- Does a pain fellowship and procedural certification (FIPP, CIPS) help IMGs in getting a job?
- We need so many pain physicians for Canada-is residency the only answer?
- Training or retraining GPs and other specialists/changing scope of practice-where to get additional training?

## **Coffee and Networking**

1055 – 1115

## **Treatment algorithm for low back pain: evidence-driven and experience-based practice**

*Ian Beauprie*

1115 – 1135

## **Treatments for headaches – medications and interventions**

*Yasmine Hoydonckx*

1135 – 1155

## **X-rays, CT and MRI scans: What does a pain medicine physician need to know about imaging studies for patients with pain?**

*Anuj Bhatia*

1155 – 1215

## **Q & A**

1215 – 1230

## **Lunch - Saskatchewan**

### **Networking Time – Les Saison**

1230 – 1345

## **Sponsored Presentation** \*non accredited event – please view more information in the Exhibitor Brochure

1245 – 1315

## **Networking Time**

1315 – 1345

**Primer on Physical examination for spinal and major joint pain – how to do and report it?**

*Jennifer McDonald*

1345 – 1405

**Prescribing and weaning opioids and cannabinoids in the year 2024 – what a pain physician can and should do?**

*Hance Clarke*

1405 – 1425

**Infusions for pain: ketamine, lidocaine, magnesium, and everything else...**

*Neilesh Soneji*

1425 – 1445

**Q & A**

1445 – 1500

**Coffee and Networking (Saskatchewan)**

1500 – 1520

**Practical aspect of regenerative medicine for pain in Canada: science and snake oils**

*Abeer Alomari*

1520 – 1540

**Fibromyalgia – what works and what does not**

*Mary Ann Fitzcharles*

1540 – 1600

**Q & A**

1600 – 1610

**The Afternoon Roundtable: What practical stuff should I know to manage a pain practice in Canada? - referrals, reimbursement, regulations**

**Panel:** *Ian Beauprie and Ivan Cohen (Nova Scotia), Kshitij Chawla (British Columbia), Edward Zhang, Jody Young and Jennifer McDonald (Ontario), Timothy Bolton (Saskatchewan), Mohan Radhakrishna (Quebec)*

**Moderators:** *Anuj Bhatia and Harsha Shanthanna*

1610 – 1700

- Getting referrals suited to your practice
- How to ensure appropriate reimbursement
- Staying out of trouble – knowing key regulations from the licensing Colleges and the Ministry of Health
- Working collaboratively with other health disciplines in a solo provider setting

**Concluding Remarks and feedback**

*Anuj Bhatia and Harsha Shanthanna*

1700 – 1715

**Tuesday April 30, 2024**  
**0845 -1600h**  
**Westin Ottawa**  
**Room: Les Saison**



**Cannabinoids in Clinical Practice Conference**

- Jointly organized by the Canadian Consortium for the Investigation of Cannabinoids and the Canadian Pain Society

**Accreditation: Royal College of Physicians and Surgeons of Canada – Section 1**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 4.5 hours (credits are automatically calculated).

Family Physicians who have actively participated in accredited Royal College of Physicians and Surgeons of Canada Section 1 and/or Section 3 activities are eligible to earn up to a maximum of 50 certified credits per five-year cycle; any additional credits are eligible as non-certified credits.

CPS ASM attendees can register directly [from our website](#) or the CCIC website [here](#)

This initiative will present the science of the endocannabinoid system, risks, efficacy, and how to approach cannabinoids as an option in patient care, as well as have educated discussions with patients about the known impacts of cannabis use on health and disease.

**Learning Objectives:**

- Build on your existing understanding of cannabinoids in clinical practice by integrating all the latest updates on the endocannabinoid system, medical and non-medical cannabinoids, and public health and policy issues related to cannabis/cannabinoids.
- Describe Canadian cannabinoid research initiatives.
- Distinguish between actual and potential health risks and benefits of cannabinoids.
- Reflect on professional attitudes towards cannabis in clinical practice.
- Discuss areas of need for cannabinoid research, education and collaboration.

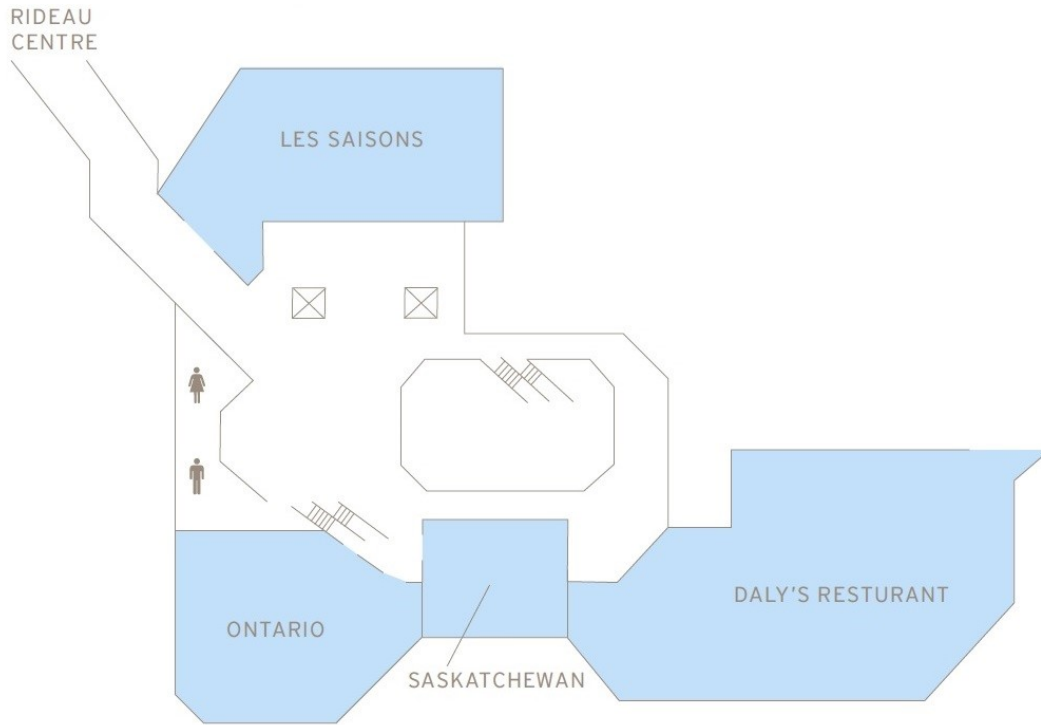
<b>0845h</b>	<b>Registration &amp; Breakfast</b> Rooms: Les Saison and Saskatchewan
<b>0915h</b>	<b>Sponsored Presentation*</b> non accredited activity
<b>0945h</b>	<b>Welcome and Introductions</b>
<b>1000h</b>	<b>Cannabis, endocannabinoids and PTSD</b> Matthew Hill, PhD
<b>1030h</b>	<b>Central actions of cannabis in neuropathic pain</b> Tuan Trang, PhD



- 1100h      **Health Break**  
                  Room: Saskatchewan
- 1130h      **Are minor cannabinoids intoxicating? Comparing plant cannabinoids to THC in mouse models**  
                  Robert Laprairie, PhD
- 1200h      **The interface of nociplastic pain and cannabinoid-based medicines: Do cannabinoids hold the key?**  
                  Mary-Ann Fitzcharles, MD, FRCP
- 1230h      **Fatty acid amide hydrolase levels in social anxiety disorder: A replication PET study with the tracer [11C]CURB**  
                  Christina Pereira, PhD
- 1245h      **Opioid-sparing effects of cannabinoids**  
                  Bernard Le Foll, MD, PhD, MCFPere
- 1315h      **Lunch**  
                  Room: Saskatchewan
- 1400h      **Welcome Back**
- 1400h      **Poster Session** \*non accredited activity  
*Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice, such as poster presentations, may be claimed as a scanning activity under Section 2. You may claim 0.5 credits per poster.*
- 1430h      **Exploring early-life trauma, current stress, and problematic cannabis use in a young adult population**  
                  Zachary Patterson, PhD
- 1500h      **Safety of cannabinoids used for medical purposes in children: A systematic review and meta-analysis**  
                  Manik Chhabra, PhD
- 1515h      **Clinician's Panel Discussion: Focus on Pain Conditions**
- 1600h      **Closing remarks and conclusion**

# Floor Plans

## THIRD LEVEL



## FOURTH LEVEL

