



Pain Refresher Course for Practicing
and Trainee Pain Medicine Physicians:
A Satellite Course of the Canadian Pain
Society Annual Scientific Meeting

Saturday April 27, 2024
Westin Ottawa
0800 – 1715



Updated March 31, 2024

**Pain Refresher Course for Practicing and Trainee Pain Medicine Physicians
A Satellite Course of the Canadian Pain Society Annual Scientific Meeting
Saturday April 27, 2024: 0800 – 1715
The Westin Ottawa, 11 Colonel By Drive, Ottawa, ON K1N 9H4**

Jointly organized by the Interventional Pain and Neuropathic Pain Special Interest Groups of the Canadian Pain Society

Course Directors: Dr. Anuj Bhatia and Dr. Harsha Shanthanna

Course Coordinator: Dr. Danielle Alvares

Please contact Danielle.Alvares@uhn.ca to register

Accreditation:

College of Family Physicians of Canada Mainpro+® - Group Learning (One-credit-per-hour)

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto for up to 6.0 Mainpro+® credits.

Royal College of Physicians and Surgeons of Canada – Section 1. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 6.0 hours (credits are automatically calculated).

Registration:

Practicing physicians - \$600; Trainees - \$300

Discounted rate if attendee is also registered for the CPS Annual Scientific Meeting:

Practicing physicians - \$400; Trainees - \$200

Registration & Breakfast

0800 – 0900

Welcome and Introductions

Anuj Bhatia and Harsha Shanthanna

0900 – 0915

New pain definitions and ICD-11 classification: What is relevant for the practicing pain physician?

Nimish Mittal

0915 – 0935

Medications and procedures for neuropathic pain: is there anything new?!

Harsha Shanthanna

0935 – 0955

Q & A

0955 – 1005

All efforts will be in place to avoid any adjustments to our agenda, however due to circumstances out of our control, adjustments to timing, topics and presenters may occur without advance notice.

All timing for this event is Eastern Daylight Time





The Morning Roundtable: Training, Certification and Practice of Pain Medicine in Canada: a round table discussion

Panel: *Ian Beauprie, Hance Clarke, Virginia McEwen, Angela Mailis, Nimish Mittal, Abeer Alomari.*

Moderators: *Harsha Shanthanna and Anuj Bhatia*

1005 – 1055

- The landscape of pain medicine practice in Canada: who is doing it
- Different paths to becoming a pain physician
- Making real progress with PM residency-challenges/changes/making it attractive
- Does a pain fellowship and procedural certification (FIPP, CIPS) help IMGs in getting a job?
- We need so many pain physicians for Canada-is residency the only answer?
- Training or retraining GPs and other specialists/changing scope of practice-where to get additional training?

Coffee and Networking

1055 – 1115

Treatment algorithm for low back pain: evidence-driven and experience-based practice

Ian Beauprie

1115 – 1135

Treatments for headaches – medications and interventions

Yasmine Hoydonckx

1135 – 1155

X-rays, CT and MRI scans: What does a pain medicine physician need to know about imaging studies for patients with pain?

Anuj Bhatia

1155 – 1215

Q & A

1215 – 1230

Lunch & Networking Time

1230 – 1345

Sponsored Presentation *non accredited activity

1245 – 1315

Networking Time

1315 – 1345





Primer on Physical examination for spinal and major joint pain – how to do and report it?

Jennifer McDonald

1345 – 1405

Prescribing and weaning opioids and cannabinoids in the year 2024 – what a pain physician can and should do?

Hance Clarke

1405 – 1425

Infusions for pain: ketamine, lidocaine, magnesium, and everything else...

Neilesh Soneji

1425 – 1445

Q & A

1445 – 1500

Coffee and Networking

1500 – 1520

Practical aspect of regenerative medicine for pain in Canada: science and snake oils

Abeer Alomari

1520 – 1540

Fibromyalgia – what works and what does not

Mary Ann Fitzcharles

1540 – 1600

Q & A

1600 – 1610

The Afternoon Roundtable: What practical stuff should I know to manage a pain practice in Canada? - referrals, reimbursement, regulations

Panel: *Ian Beauprie and Ivan Cohen (Nova Scotia), Kshitij Chawla (British Columbia), Edward Zhang, Jody Young and Jennifer McDonald (Ontario), Timothy Bolton (Saskatchewan), Mohan Radhakrishna (Quebec)*

Moderators: *Anuj Bhatia and Harsha Shanthanna*

1610 – 1700

- Getting referrals suited to your practice
- How to ensure appropriate reimbursement
- Staying out of trouble – knowing key regulations from the licensing Colleges and the Ministry of Health
- Working collaboratively with other health disciplines in a solo provider setting

Concluding Remarks and feedback

Anuj Bhatia and Harsha Shanthanna

1700 – 1715





The Canadian Pain Society has received an educational grant or in-kind support for this session from the following exhibitors:

Medtronic

Verve Medical Products Inc. 

