



NATIONAL  
CONGRESS  
ON PAIN

CONGRÈS  
NATIONAL SUR  
LA DOULEUR

# 2024 Congress Agenda

# Agenda du Congrès 2024



THE CANADIAN PAIN SOCIETY  
LA SOCIÉTÉ CANADIENNE  
DE LA DOULEUR



Health  
Canada

Santé  
Canada



Pain  
Canada

# National Pain Congress Agenda

Updated April 27, 2024

<b>April 29, 2024</b> <b>7:30am – 3:30pm EST</b> <b>Westin Hotel, Ottawa</b>		
<p>The National Pain Congress will provide an opportunity to foster new collaborative relationships and facilitate knowledge exchange between researchers, health care professionals, trainees, people living with pain, as well as policy and decision-makers. It will explain the significant impact of chronic pain on Canadians, help inform a path forward to implement priority actions in pain-related areas, all with a goal of improving health outcomes for people living with pain.</p>		
Time	Item	Speaker
<b>7:30-8:30 am</b>  <b>Confederation Ballroom, 4<sup>th</sup> Floor</b>	<b>Breakfast sponsored by the Chronic Pain Network</b>  Changing the Way Pain is Managed in Canada: The Impact of a Patient-Oriented Research Network	<u>Moderator:</u>  <b>Rachael Bosma</b> Co-Chair of the Training and capacity Building Committee, Chronic Pain Network  <u>Panelists:</u>  <b>Norm Buckley,</b> Nominated Principal Investigator Chronic Pain Network  <b>Jennifer Daly-Cyr</b> Executive Co-Chair Chronic Pain Network  <b>Nader Ghasemlou</b> Investigator Chronic Pain Network
<b>8:30 – 9:50 am</b>	<b>Congress Opening</b>	
<b>8:30 – 8:45 am</b>  <b>Confederation Ballroom, 4<sup>th</sup> Floor</b>	<b>Welcome</b> <ul style="list-style-type: none"> <li>Opening remarks</li> <li>Land Acknowledgment/Opening Prayer</li> </ul>	<b>John Pereira</b> Chair of the National Congress on Pain & President of the Canadian Pain Society  <b>Elder Irene Compton</b>
<b>8:45 – 8:55 am</b>	Setting the Scene – Living with chronic pain in Canada	<b>Jennifer Daly-Cyr</b> Vice-Chair, People with Lived Experience Committee, Canadian Pain Society
<b>8:55 – 9:05 am</b>	Remarks by the Canadian Medical Association	<b>Dr. Kathleen Ross</b> President of the Canadian Medical Association

<b>9:05-9:15 am</b>	Remarks by the National Pain Congress Vice-Chairs	<b>Jean-Francois Leroux</b> Vice-Chair of the National Congress on Pain & Manager of the Chronic Pain Policy Team, Health Canada  <b>Maria Hudspith</b> Vice-Chair of the National Congress on Pain & Executive Director, Pain BC / Pain Canada
<b>9:15 – 9:20am</b>	Canada – A global leader in pain research and management	<b>Allen Finley</b> Professor, Department of Anesthesia, Pain Management & Perioperative Medicine
<b>9:20-10:00 am</b>	The impact of chronic pain in Canada and potential solutions	<b>Hance Clarke</b> Vice-Chair of the National Congress on Pain & President-Elect of the Canadian Pain Society
<b>10:00–10:10 am</b>	Remarks by the Minister of Mental Health and Addictions and Associate Minister of Health	<b>The Honourable Ya'ara Saks</b> Minister of Mental Health and Addictions and Associate Minister of Health
<b>10:10-10:20 am</b>	<b>Health Break</b>	
<b>10:20-11:40 am</b>	<b>Concurrent Sessions 1</b>	
<b>Concurrent Sessions</b>		<b>Moderator / Speaker(s)</b>
<b>1. Opioid Use for the Management of Chronic Pain (in-person and livestream)</b>  <b>Confederation Ballroom, 4<sup>th</sup> Floor</b> <ul style="list-style-type: none"> <li>An Opioid Safety Net to support Canadians living with pain who are using chronic opioid therapy</li> <li>New 2024 Canadian Opioid Guidelines: balancing the benefits and harms of opioids for chronic pain.</li> </ul>		<u>Moderator:</u> <b>Carol Anne Chenard</b> Acting Director General, Controlled Substances Directorate, Health Canada  <u>Speakers:</u> <b>John Pereira</b> Chair of the National Congress on Pain & President of the Canadian Pain Society  <b>Jason Busse</b> Professor, Associate Chair Research Canada Prevention and Management of Chronic Pain McMaster University

<p><b>2. Chronic Pain and Primary Care</b></p> <p><b>Les Saisons, 3<sup>rd</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Models for managing chronic pain and other complex chronic diseases in the Patient Medical Home.</li> <li>• Barriers and facilitators for team-based care models at the primary care level</li> <li>• Chronic pain training and mentorship programs for primary care providers</li> </ul>	<p><u>Moderator:</u></p> <p><b>Lori Montgomery</b> Family Physician and member of the College of Family Physicians with focused practice in chronic pain</p> <p><u>Speakers:</u></p> <p><b>Arun Shrichand</b> Manager of Health Policy and Government Relations, College of Family Physicians of Canada</p> <p><b>Megan MacNeil</b> Knowledge broker, Chronic Pain Network</p> <p><b>Therese Lane</b> Patient Partner, Chronic Pain Network</p>
<p><b>3. Understanding Drug Processes in Canada - from Development to Post-market Surveillance, and Factors Impacting Decision-Making</b></p> <p><b>Quebec, 4<sup>th</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Canada's drug approval process – from clinical trials to market</li> <li>• Ongoing post-market monitoring of pain medications in a changing environment</li> <li>• Patient involvement and patient-centric decision making in drug reviews</li> <li>• Optimizing accessibility and affordability in the context of appropriate use of pain medications</li> </ul>	<p><u>Moderator:</u></p> <p><b>Dr. Supriya Sharma</b> Chief Medical Advisor, Health Canada</p> <p><u>Speakers:</u></p> <p><b>Emma Spreekmeester</b> Manager, Central Nervous System Division 1, Bureau of Cardiology, Allergy and Neurological Sciences, Pharmaceutical Drugs Directorate, Health Canada</p> <p><b>Sudha Kutty</b> Executive Vice-President, Evidence, Products and Services, Canada's Drug and Health Technology Agency</p> <p><b>Anchalee Srisombun</b> Senior Manager, Negotiations and Outcomes, pan-Canadian Pharmaceutical Alliance</p> <p><b>Laurie Proulx</b> Managing Director, Canadian Arthritis Patient Alliance; Person with lived experience</p>

**4. Co-creating resources for chronic pain that centre the experiences and needs of First Nations Peoples**

**Ontario, 3<sup>rd</sup> Floor**

- There is a need for improved access to culturally safer chronic pain care for First Nations communities
- Significant time and resources are needed to implement community engagement and Indigenous data sovereignty in a good way
- First Nations community members advocate for non-pharmacological approaches and tools to manage chronic pain
- Solutions must come from First Nations Peoples and communities, and be implemented at all levels of healthcare
- Everyone working in healthcare has a responsibility to uphold and prioritize Indigenous rights

Moderator:

**Hance Clarke**

President-Elect, Canadian Pain Society  
Director Pain Services & Pain Research Unit,  
Department of Anesthesia and Pain  
Management, Toronto General Hospital

Speakers:

**Jim Leonard**

Drug Task Force - Consultant Community Lead  
Former Chief, Rainy River First Nation  
Health Transformation Department  
Grand Council Treaty #3

**Tassanee Weese**

Community and Partner Relations Manager  
Health Transformation Department  
Grand Council Treaty #3

**Michael King**

Federal Health Policy Analyst  
Data Governance Committee Chair  
Health Transformation Department  
Grand Council Treaty #3

**Emily Simmonds**

Research Manager  
Ganawishkadawe, The Centre for Wise  
Practices in Indigenous Health  
Women's College Hospital

**Maxine Brown**

Research Coordinator  
Ganawishkadawe, The Centre for Wise  
Practices in Indigenous Health  
Women's College Hospital

**Anna Lomanowska**

Scientific Associate  
Transitional Pain Service  
Department of Anesthesia and Pain  
Management, Toronto General Hospital  
University Health Network

**Miki Peer**

Scientific Associate  
Transitional Pain Service  
Department of Anesthesia and Pain  
Management, Toronto General Hospital  
University Health Network

<p><b>5. The National Pediatric Pain Management Standard – Opportunities for Effective Implementation</b></p> <p><b>Alberta, 3<sup>rd</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Provide an overview of the National Pediatric Pain Management Standard (CAN/HSO 13200:2023)</li> <li>• Identify opportunities to support effective implementation of the standard</li> <li>• Draw connections to broader, related policy priority areas (i.e., child health, mental health, substance use, health equity, health workforce)</li> <li>• Learn from the experience of standard development in other areas (i.e., mental health and substance use), including potential for pain standards across the lifespan</li> </ul>	<p><u>Moderator:</u></p> <p><b>Katie Birnie</b> Associate Scientific Director, Solutions for Kids in Pain (SKIP); Assistant Professor, University of Calgary</p> <p><u>Speakers:</u></p> <p><b>Fiona Campbell</b> Co-director, Pain Centre, The Hospital for Sick Children; Professor, University of Toronto, former co-chair, Canadian Pain Task Force</p> <p><b>Stephanie Paravan</b> Family partner, Solutions for Kids in Pain (SKIP)</p> <p><b>Emily Gruenwoldt</b> Chief Executive Officer, Children’s Healthcare Canada</p> <p><b>Kaye Phillips</b> Executive Director, Health Standards Organization</p> <p><b>Dr. Samuel Weiss</b> Scientific Director, CIHR Institute of Neuroscience, Mental Health and Addictions</p>
<p><b>6. Successes and Opportunities – Pain Networks in Canada</b></p> <p><b>Newfoundland/Nova Scotia, 4<sup>th</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Highlighting successes and opportunities with National and Provincial Pain Networks</li> <li>• Best practices for implementing and maintaining strong Networks</li> <li>• Involvement of people with lived and living experience in pain networks</li> </ul>	<p><u>Moderator:</u></p> <p><b>Norm Buckley</b> Nominated Principal Investigator Chronic Pain Network</p> <p><u>Panel Discussion:</u></p> <p><b>Tania DiRenna</b> President Elect, Canadian Pain Society Medical Director, Toronto Academic Pain Medicine Institute (TAPMI) Ontario Chronic Pain Network Co-Chair</p> <p><b>Kristine Juck</b> Executive Director, Pain Care BC</p> <p><b>Anaïs Lacasse</b> Co-Director, Clinical Affairs, Quebec Pain Research Network Full professor, Department of Health Sciences, University of Quebec in Abitibi-Témiscamingue (UQAT)</p> <p><b>Jacques Laliberté</b> Founding Director, <i>Association québécoise de la douleur chronique</i></p>

11:40-11:50 am	Health Break (10 minutes)
11:50am-1:10 pm	Concurrent Sessions 2
Concurrent Sessions	Moderator / Speaker(s)
<p><b>1. Medical Cannabis and Chronic Pain in Canada, Present and Next Steps (in-person and livestreaming)</b></p> <p><b>Confederation Ballroom, 4<sup>th</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Provide perspectives from the patient, physician-researcher and pharmacist viewpoint on findings and recommendations of the Expert Panel on the <i>Cannabis Act</i> Legislative Review</li> <li>• Discuss current and future medical cannabis research initiatives</li> </ul>	<p><u>Moderator:</u>  <b>Hance Clarke</b>  President-Elect, Canadian Pain Society  Director Pain Services &amp; Pain Research Unit,  Department of Anesthesia and Pain Management, Toronto General Hospital</p> <p><u>Speakers:</u>  <b>Lesley Singer</b>  Adjunct Professor, School of Physical and Occupational Therapy, McGill University</p> <p><b>Mark Ware</b>  Director, Alan Edwards Pain Management Unit, McGill University</p> <p><b>Rahim Dhalla</b>  Pharmacist, Cannabis Consultant, CEO</p>
<p><b>2. Pain Research in Canada: Challenges and Opportunities</b></p> <p><b>Les Saisons, 3rd Floor</b></p> <ul style="list-style-type: none"> <li>• Challenges and opportunities associated with the cross-cutting nature of pain as a research area</li> <li>• Recent successes in pain research in Canada</li> <li>• Importance of knowledge mobilization in the research process</li> <li>• Role of the public, not-for-profit and private sectors in pain research</li> </ul>	<p><u>Moderator:</u>  <b>Rachel Bosma</b>  Assistant Professor, University of Toronto  Director, Centre for the Study of Pain  Research lead, Women's College Hospital</p> <p><u>Speakers:</u>  <b>Michael Salter</b>  Senior Scientist, Neurosciences and Mental Health, SickKids Research Institute</p> <p><b>Yves De Koninck</b>  Professor of psychiatry &amp; Neuroscience at Laval University; Adjunct Professor of Pharmacology &amp; Therapeutics at McGill University</p> <p><b>Anna Taylor</b>  Associate Professor, Department of Pharmacology, University of Alberta</p> <p><b>Tejas Sankar</b>  Associate Professor, Neurosurgeon, and Research Director, Division of Neurosurgery, University of Alberta</p> <p><b>Bradley Kerr</b>  Professor, Department of Anesthesiology and Pain Medicine and Adjunct Professor in the</p>

	<p>Departments of Pharmacology and Physiology, University of Alberta</p> <p><b>Norm Buckley</b> Professor Emeritus, Department of Anesthesia Michael G DeGroote School of Medicine, McMaster University</p>
<p><b>3. Importance of addressing the needs of populations disproportionately impacted by pain</b></p> <p><b>Alberta, 3<sup>rd</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Integrating care to address pain, mental health and substance use health</li> <li>• Addressing systemic health inequities for racialized peoples</li> <li>• Addressing policy opportunities to support the needs of injured workers</li> <li>• Discuss priorities and identify opportunities to optimize health outcomes</li> </ul>	<p><u>Moderator:</u> <b>Alexander Caudarella</b> Chief Executive Officer, Canadian Centre on Substance Use and Addictions</p> <p><u>Speakers</u></p> <p><b>Kim Corace</b> Vice-President, Innovation and Senior Scientist, Canadian Centre on Substance Use and Addictions</p> <p><b>Kerry Waddell</b> Scientific Lead, Evidence Synthesis and Support, McMaster Health Forum</p> <p><b>Jude Mary Cénat</b> Associate Professor, School of Psychology, University of Ottawa</p>
<p><b>4. Virtual approaches and peer support programs for the management of chronic pain</b></p> <p><b>Newfoundland/Nova Scotia, 4<sup>th</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Effective virtual tools and approaches for pain management</li> <li>• Role of peer support for effective pain management</li> <li>• Challenges and opportunities for effective implementation of virtual approaches and peer support programs for pain care</li> </ul>	<p><u>Moderator:</u> <b>Jennifer Lorca</b> Committee Member, Lived Experience Advisory Committee, Power Over Pain Portal</p> <p><u>Speakers</u></p> <p><b>Melanie McDonald</b> Director of Support Services, Pain BC/Pain Canada</p> <p><b>Patricia Poulin</b> Clinical, Health, and Rehabilitation Psychologist, The Ottawa Hospital Pain Clinic Associate Scientist, Ottawa Hospital Research Institute Assistant Professor, Department of Anesthesiology &amp; Pain Medicine, University of Ottawa</p> <p><b>Yaadwinder Shergill</b> Clinical Research Associate, Ottawa Hospital Research Institute, Chiropractor, One Elephant Integrative Health Team Inc.</p> <p><b>Anna Lomanowska</b> Scientific Associate Transitional Pain Service Department of Anesthesia and Pain Management, Toronto General Hospital University Health Network</p>



	<p><b>Beth Darnall</b> Professor of Anesthesiology, Perioperative and Pain, Stanford Health Care</p> <p><b>Sean Mackey, MD, PhD</b> Redlich Professor, Chief of the Pain Medicine Division, Stanford Health Care</p>
<p><b>5. Intersections between Chronic Pain and the Overdose Crisis</b></p> <p><b>Ontario, 3<sup>rd</sup> Floor</b></p> <ul style="list-style-type: none"> <li>• Historical perspectives on the intersection between chronic pain and the overdose crisis</li> <li>• Best practices to support people living with concurrent chronic pain and substance use disorders</li> <li>• Discuss possible solutions highlighting current successes in Canada</li> </ul>	<p><b>Rob Tanguay</b> Chief Medical Officer, The Newly Institute Co-Lead, Alberta Pain Strategy, Alberta Health Services</p> <p><b>Launette Reib</b> Clinical Associate Professor at the University of British Columbia</p> <p><b>Claudine Adlington</b> Person with lived experience</p>
<p><b>1:10-1:20pm</b></p>	<p><b>Health Break (10 minutes)</b></p>
<p><b>1:20-2:40pm</b></p> <p><b>Confederation Ballroom, 4<sup>th</sup> Floor</b></p>	<p><b>Lunch sponsored by the Chronic Pain Centre of Excellence for Canadian Veterans.</b></p> <p>Experiences from the Canadian Armed Forces front line: Sex, Gender, and Chronic Pain Research</p> <p><b>Moderator:</b></p> <p><b>Abhimanyu Sud</b> Chief Scientific Officer, Chronic Pain Centre of Excellence for Canadian Veterans</p> <p><b>Speakers:</b></p> <p><b>Joy MacDermid</b> Distinguished Professor, Physical Therapy, Western University</p> <p><b>Robin Campbell Bromhead</b> Public Affairs Officer, 8 Wing Trenton, Canadian Armed Forces</p> <p><b>Anouk Beauvais</b> Retired Sergeant, Canadian Armed Forces</p>
<p><b>2:40 – 3:30pm</b></p>	<p><b>Plenary Session</b></p>

<p><b>2:40 – 3:25 pm</b></p>	<p><b>Armchair Discussion</b></p> <p>Gathering the perspectives of policy makers (federal and provincial), a person living with pain, pain researcher and a pain specialist for how we can continue to work collectively to address pain priorities</p>	<p><u>Moderator:</u></p> <p><b>John Pereira</b> Chair, National Congress on Pain President, Canadian Pain Society</p> <p><u>Speakers:</u></p> <p><b>Virginia McIntyre</b> Executive Director, People in Pain Network</p> <p><b>Jennifer Saxe</b> Associate Assistant Deputy Minister, Controlled Substances and Cannabis Branch, Health Canada</p> <p><b>Tracy Wasylak</b> Chief Program Officer, Strategic Clinical Network, Alberta Health Services</p> <p><b>Arun Radhakrishnan</b> Assistant Professor, Department of Family Medicine, University of Ottawa</p> <p><b>Maria Hudspith</b> Executive Director, Pain BC/Pain Canada</p>
<p><b>3:25-3:30 pm</b></p>	<p><b>Congress Wrap-Up</b></p>	<p><b>John Pereira</b> Chair, National Congress on Pain President, Canadian Pain Society</p>