



Canadian Interventional Pain Course (CIPC) 2025

May 2-3, 2025

This course is held in parallel with the 2025 Canadian Pain Society (CPS) Annual Scientific Meeting

Day 1 (Didactic Day): Friday May 2, 2025

Venue: Women's College Hospital- Main auditorium
77 Grenville Street, Toronto ON M5S 1B2

0730-0830	Registration & Breakfast	
0830-0840	Welcome Remarks	<i>Dr. David Flamer</i> <i>Dr. Abeer Alomari</i>
Panel 1: All about the Spine - I		
0840-0900	Algorithm for Diagnosis and Treatment for Pain in the neck	<i>Dr. Ivan Cohen</i>
0900-0920	Thoracic-mediated pain: Approach and interventional considerations	<i>Dr. Harsha Shanthanna</i>
0920-0940	Low Back Pain: Correlating imaging findings with causality	<i>Dr. Anuj Bhatia</i>
0940-1000	Fluoroscopic Guided Procedures for Lumbar Spine: TFESI, ILE, MBB	<i>Dr. Ian Beauprie</i>
1000-1015	Q & A	
1015-1045	Coffee and Networking	
Panel 2: All about the Spine – II		
1045-1105	SIJ mediated Pain: Diagnosis and Interventions	<i>Dr. Mohan Radhakrishna</i>
1105-1125	Optimizing Lumbar Radiofrequency Ablation: Anatomical Updates	<i>Dr. Eldon Loh</i> <i>Dr. John Tran</i>
1125-1145	Pro-Con debate for Ultrasound-guidance for Lumbar Spine procedures to relieve pain	<i>Dr. Rod Finlayson</i>
1145-1205	Update: surgical referrals and decision making	<i>Dr. Raj Rampersaud</i>
1205-1215	Q & A	
1215-1315	Lunch & Networking Time	
Panel 3: All about the Joints		
1315-1335	Shoulder interventions: GHJ, ACJ, Hydrodilation for frozen shoulder, SSN block	<i>Dr. Nimish Mittal</i>
1335-1355	Hip interventions: intra-articular, PENG block, GTPS injections, denervation techniques	<i>Dr. Abeer Alomari</i>
1355-1415	Update: Regenerative Medicine	<i>Dr. Steven Helper</i>
1415-1430	Q & A	
1430-1450	Coffee and Networking	
Panel 4: Specialty Topics		
1450-1510	Update on headache management: medications and interventions	<i>Dr. Aaron Kirschner</i>



1510-1530	Update: Neuromodulation	<i>Dr. Anuj Bhatia</i>
1530-1550	Running an efficient chronic pain practice	<i>Dr. Arun Gupta</i>
1550-1600	Q & A	
1600-1615	Concluding Remarks and feedback	

Day 2 (Workshop Day): Saturday May 3, 2025

Venue: Mount Sinai Hospital- Surgical Skills lab 2nd floor
600 University Ave, Toronto, ON M5G 1X5

0700 -0800

Breakfast with Faculty

0745-0800

Introduction and safety review

0800-0900

Rotation One

0900-1000

Rotation Two

1000-1015

Coffee Break

1015-1115

Rotation Three

1115-1215

Rotation Four

1215-1315

Lunch

1315-1415

Rotation One

1415-1515

Rotation Two

1515-1530

Break

1530-1630

Rotation Three

1630-1730

Rotation Four

1730-1745

Conclusion and Evaluations

Bundle A: Fluoroscopy Stations

Hands-on anatomy station (mandatory) AND choose 3 of 4

1. Lumbar Procedures - I: transforaminal epidural, interlaminar epidural, caudal
 2. Lumbar procedures - II: medial branch block/radiofrequency ablation, lumbar sympathetic plexus injection
 3. Sacral procedures: sacroiliac intra articular, sacral lateral branch block, sacral lateral branch RFA
 4. Cancer procedures: ganglion impar, superior hypogastric plexus, splanchnic/celiac
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Bundle B: Ultrasound Stations

Choose 4 of 5 (one station will be a cadaver, others live models)

1. Peripheral nerve blocks –intercostal nerves, lateral femoral cutaneous nerve, stellate ganglion block, greater and lesser occipital block
2. MSK I: hip, greater trochanteric bursa, PENG block, knee, genicular nerve block
3. MSK II: glenohumeral joint, AC joint, suprascapular, rotator cuff interval, ankle joint
4. Spine: lumbar medial branch/facet joint, sacral lateral branch block, sacroiliac joint (cadaver)
5. Miscellaneous: erector spinae block, pudendal, piriformis, genitofemoral nerve, ilioinguinal/iliohypogastric nerve.

***First come first served basis for station preference for both bundles**

REGISTRATION INFORMATION

Course Directors: Dr. David Flamer and Dr. Abeer Alomari

Course Coordinator: Dr. Danielle Alvares, PhD

Please contact Danielle.Alvares@uhn.ca to register

Practicing physicians –

\$2000 to attend both days, \$800 to attend only day 1 (didactic session on May 2)

Trainees and Allied health –

\$1000 to attend both days, \$400 to attend only day 1 (didactic session on May 2)

Discounted rate if attendee is also registered for the CPS meeting:

Practicing physicians –

\$1500 to attend both days, \$600 to attend only day 1 (didactic session on May 2)

Trainees and Allied health –

\$750 to attend both days, \$300 to attend only day 1 (didactic session on May 2)

Planning Committee

Dr. Harsha Shanthanna, McMaster University

Dr. David Flamer, University of Toronto

Dr. Philip Peng, University of Toronto

Dr. Rod Finlayson, McGill University

Dr. Ian Beuprie, Dalhousie University



Dr. Anuj Bhatia, University of Toronto
Dr. Abeer Alomari, University of Toronto

Faculty:

Dr. Harsha Shanthanna, McMaster University
Dr. David Flamer, University of Toronto
Dr. Rod Finlayson, McGill University
Dr. Ian Beauprie, Dalhousie University
Dr. Anuj Bhatia, University of Toronto
Dr. Paul Tumber, University of Toronto
Dr. Nimish Mittal, University of Toronto
Dr. Aaron Kirschner, University of Toronto
Dr. Arun Gupta, University of Toronto
Dr. Ivan Cohen, Dalhousie University
Dr. Mohan Radhakrishna, McGill University
Dr. Eldon Loh, Western University
Dr. John Tran, Western University
Dr. Steven Helper, University of British Columbia
Dr. James Khan, University of Toronto
Dr. Paul Etheridge, University of British Columbia
Dr. Abeer Alomari, University of Toronto
