



Canadian Pain Society  
Annual Scientific Meeting  
April 27-30, 2024

Westin Ottawa

Special Events Brochure

**Saturday April 27, 2024**

**0830-1715h**

**Westin Ottawa**

**CPS Pain Refresher Workshop for Practicing and Trainee Pain Medicine Physicians: A Satellite Course**

- Jointly organized by the Interventional Pain and Neuropathic Pain Special Interest Groups of the Canadian Pain Society

Join us for this refresher course to expand your knowledge on assessments and treatments including interventional approaches and recent advances in the field of pain medicine.

Please email Danielle Alvares to register at [danielle.alvares@uhn.ca](mailto:danielle.alvares@uhn.ca)

**Registration:**

- Practicing physicians - \$600
- Trainees - \$300
- Discounted rate if attendee is also registered for the CPS meeting:
  - Practicing physicians - \$400
  - Trainees - \$200

**Course Directors:** Dr. Anuj Bhatia and Dr. Harsha Shanthanna

**Registration & Refreshments**

0830-0900

**Welcome and Introductions**

*Anuj Bhatia and Harsha Shanthanna*

0900-0915

**New pain definitions and ICD-11 classification: What is relevant for the practicing pain physician?**

*Nimish Mittal*

0915-0940

**Medications and procedures for neuropathic pain: is there anything new?!**

*Harsha Shanthanna*

0940-1005

**The Morning Roundtable: Training, Certification and Practice of Pain Medicine in Canada: a round table discussion**

*Panel: John Hanlon, Ian Beuprie, Hance Clarke, Virginia McEwen, Angela Mailis, Nimish Mittal, Abeer Alomari, Brian Rambaransingh*

*Moderators: Harsha Shanthanna and Anuj Bhatia*

1005-1105

**Coffee and Networking**

1105-1130

**Treatment algorithm for low back pain: evidence-driven and experience-based practice**

*Ian Beuprie*

1130-1155



## **Treatments for headaches – medications and interventions**

*Yasmine Hoydonckx*

1155-1220

## **X-rays, CT and MRI scans: What does a pain medicine physician need to know about imaging studies for patients with pain?**

*Anuj Bhatia*

1220-1245

## **Lunch and Networking**

1245-1345

## **Primer on Physical examination for spinal and major joint pain – how to do and report it?**

*Jennifer McDonald*

1345-1410

## **Prescribing and weaning opioids and cannabinoids in the year 2024 – what a pain physician can and should do?**

*Hance Clarke*

1410-1435

## **Infusions for pain: ketamine, lidocaine, magnesium, and everything else...**

*Neilesh Soneji*

1435-1500

## **Coffee and Networking**

1500-1520

## **Practical aspect of regenerative medicine for pain in Canada: science and snake oils**

*Brian Rambaransingh*

1520-1545

## **Fibromyalgia – what works and what does not**

*Mary Ann Fitzcharles*

1545-1610

## **The Afternoon Roundtable: What practical stuff should I know to manage a pain practice in Canada? - referrals, reimbursement, regulations**

*Panel: Brian Rambaransingh (Alberta), Ian Beauprie and Ivan Cohen (Nova Scotia), Kshitij Chawla (British Columbia), Edward Zhang and Jennifer McDonald (Ontario), Timothy Bolton (Saskatchewan) (Moderators: Anuj Bhatia and Harsha Shanthanna)*

1610-1700

## **Concluding Remarks and feedback**

*Anuj Bhatia and Harsha Shanthanna*

1700-1715



Tuesday April 30, 2024  
0900-1600h  
Westin Ottawa

### Cannabinoids in Clinical Practice Conference

- Jointly organized by the Canadian Consortium for the Investigation of Cannabinoids and the Canadian Pain Society

This initiative will present the science of the endocannabinoid system, risks, efficacy, and how to approach cannabinoids as an option in patient care, as well as have educated discussions with patients about the known impacts of cannabis use on health and disease.

CPS ASM attendees can register directly [from our website](#).

### Presentation topics will include:

- Opioid-sparing effects of cannabinoids
- Central actions of cannabis in neuropathic pain
- Nociceptive pain and cannabinoid-based medicines
- Exploring early-life trauma, current stress and problematic cannabis use in a young adult population.
- Are minor cannabinoids intoxicating?
- A clinician's panel that will focus on pain conditions and more!