



**Pain refresher course for practicing and trainee Pain Medicine physicians: A satellite course
The Westin Ottawa**

Saturday April 27, 2024: 0830 - 1715

Jointly organized by the Interventional Pain and Neuropathic Pain Special Interest Groups of the Canadian Pain Society

Course Directors: Dr. Anuj Bhatia and Dr. Harsha Shanthanna

Course Coordinator: Dr. Danielle Alvares

Please contact Danielle.Alvares@uhn.ca to register

Registration:

Practicing physicians - \$600

Trainees - \$300

Discounted rate if attendee is also registered for the CPS meeting:

Practicing physicians - \$400

Trainees - \$200)

Course Directors: Dr. Anuj Bhatia and Dr. Harsha Shanthanna

Course Coordinator: Dr. Danielle Alvares

(Please contact the Danielle Alvares at Danielle.Alvares@uhn.ca if you would like to register for the course)

Registration & Refreshments

0830-0900

Welcome and Introductions

Anuj Bhatia and Harsha Shanthanna

0900-0915

New pain definitions and ICD-11 classification: What is relevant for the practicing pain physician?

Nimish Mittal

0915-0940

Medications and procedures for neuropathic pain: is there anything new?!

Harsha Shanthanna

0940-1005



The Morning Roundtable: Training, Certification and Practice of Pain Medicine in Canada: a round table discussion

Panel: John Hanlon, Ian Beuprie, Hance Clarke, Virginia McEwen, Angela Mailis, Nimish Mittal, Abeer Alomari, Brian Rambaransingh

Moderators: Harsha Shanthanna and Anuj Bhatia

1005-1105

- The landscape of pain medicine practice in Canada: who is doing it
- Different paths to becoming a pain physician
- Making real progress with PM residency-challenges/changes/making it attractive
- Does a pain fellowship and procedural certification (FIPP, CIPS) help IMGs in getting a job?
- We need so many pain physicians for Canada-is residency the only answer?
- Training or retraining GPs and other specialists/changing scope of practice-where to get additional training?

Coffee and Networking

1105-1130

Treatment algorithm for low back pain: evidence-driven and experience-based practice

Ian Beuprie

1130-1155

Treatments for headaches – medications and interventions

Yasmine Hoydonckx

1155-1220

X-rays, CT and MRI scans: What does a pain medicine physician need to know about imaging studies for patients with pain?

Anuj Bhatia

1220-1245

Lunch and Networking

1245-1345

Primer on Physical examination for spinal and major joint pain – how to do and report it?

Jennifer McDonald

1345-1410

Prescribing and weaning opioids and cannabinoids in the year 2024 – what a pain physician can and should do?

Hance Clarke

1410-1435



Infusions for pain: ketamine, lidocaine, magnesium, and everything else...

Neilesh Soneji

1435-1500

Coffee and Networking

1500-1520

Practical aspect of regenerative medicine for pain in Canada: science and snake oils

Brian Rambaransingh

1520-1545

Fibromyalgia – what works and what does not

Mary Ann Fitzcharles

1545-1610

The Afternoon Roundtable: What practical stuff should I know to manage a pain practice in Canada? - referrals, reimbursement, regulations

Panel: Brian Rambaransingh (Alberta), Ian Beauprie and Ivan Cohen (Nova Scotia), Kshitij Chawla (British Columbia), Edward Zhang and Jennifer McDonald (Ontario), Timothy Bolton (Saskatchewan) (Moderators: Anuj Bhatia and Harsha Shanthanna)

1610-1700

- Getting referrals suited to your practice
- How to ensure appropriate reimbursement
- Staying out of trouble – knowing key regulations from the licensing Colleges and the Ministry of Health
- Working collaboratively with other health disciplines in a solo provider setting

Concluding Remarks and feedback

Anuj Bhatia and Harsha Shanthanna

1700-1715