



President's Message

Congratulations to the Scientific Committee and our Administrative Team for a very successful meeting in Calgary. There were over 350 registrants, in a year where there is also an IASP meeting. This is excellent as we always have fewer attendees in an IASP year. The Trade show was fully booked with all exhibitors enthusiastic about returning and most already pre-booking for next year.

As I mentioned in my last message there will be an international summit on Friday September 3, 2010 in Montreal. There is an increasing awareness of the human suffering and the health care and economic burden caused by pain of all types, including acute pain, chronic pain, pain caused by cancer and HIV/AIDS and pain caused by treatments such as surgery, radiotherapy and chemotherapy. The goals of this Summit are:

- To develop a set of desirable characteristics of national pain strategies that can be agreed upon internationally. Individual countries can then use these broad principles to more fully develop specific strategies based on their own local requirements.
- To gain the attention of communities, the media, and governments about the magnitude of the health and economic problem of untreated acute pain, chronic pain, and pain caused by cancer, HIV/AIDS, and other diseases and treatments.
- To involve health ministers and other government officials in developing and implementing national pain strategies.

- To begin to develop "best practice" models of service delivery.
- To contribute to the destigmatization of chronic pain.
- To draw further attention to pain relief as a fundamental human right.
- To advocate for increased emphasis on and support of pain education and research.

With the Summit taking place in Montreal, we plan to maximize the impact this event will play in raising awareness about the problem of pain here in Canada. The CPS National Task Force on Service Delivery is in the process of finalizing the National Pain Strategy document. Once approved, it will go to the membership and other stakeholders for broad input in preparation for the Canadian Pain Summit to be held in the spring of 2012. The national strategy acknowledges the critical need to address pain care, education and research across the country and identifies specific strategies to do so. Watch for it and please send us your input. Have a wonderful summer.

Submitted by:

*Mary Lynch MD FRCPC
President, Canadian Pain Society*

Summer 2010

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Editor's Note

Welcome to the **Summer Edition** of the CPS Newsletter. I'm writing this as I look forward to the 13th *World Congress on Pain* in Montreal at the end of the summer. However, as I reviewed photos for this newsletter I had time to reflect on the success of our Annual Meeting in Calgary. It's a busy year for those of us in the pain community and it looks like 2011 will be no different, with our Annual Meeting in Niagara Falls in April and the Joint Meeting with the British Pain Society in Edinburgh in June.

Along with an inventory of upcoming events, this edition of the newsletter contains our regular features - news from our President, a submission from our Trainee Representative, and an update from the Canadian Pain Coalition and the Nursing Issues SIG. A book review has become a regular feature in the newsletter, and in this edition we provide a review about a book on pain in children. Finally, there is a call for applications for the Ronald Melzack Pain Research Fellowship 2011.

Our cross-country tour stopped in Ontario and Quebec for the Summer Edition, but most of the submissions were related to the World Congress and are listed in the Upcoming Events section. The *Fall Edition* continues westward, and members from **Manitoba and Saskatchewan** are encouraged to share with us news of what is happening in their provinces in relation to research, political/advocacy issues, teaching, clinical initiatives, or members making the news. Members from other provinces are also encouraged to make submissions.

I hope everyone enjoys this edition of the newsletter. As always, please remember that the Newsletter is here to serve you. If you have any suggestions for improvement, changes, or story ideas, please do not hesitate to get in touch with me – ev5@queensu.ca. I look forward to seeing you at the WCP and to receiving your submissions for the Fall Newsletter, in particular from **Manitoba and Saskatchewan** for our next Regional Focus.

Submission deadline: September 18, 2010

Sincerely,

Elizabeth VanDenKerkhof
Editor



Canadian Pain Coalition Update

Hello everyone. It is our pleasure to give you an update on our activities since the Spring Newsletter. CPC is continuing to expand and strengthen *The National Voice of People with Pain*, to provide educational opportunities and to work collaboratively with others who are dedicated to relieve the needless suffering of people in pain.

The National Voice of Canadians Living in Pain

National Faculty Member of the National Opioid Use Guideline Group (NOUGG)

With the launch, on May 3, 2010, of the Canadian Guideline for the Safe and Effective Use of Opioids for Chronic Non-Cancer Pain the next step for the NOUGG has been to plan for implementation of the Guideline through the National Faculty. The National Faculty consists of clinicians, pharmacists, researchers and the CPC who is providing *The National Voice of People with Pain*. The work of the National Faculty includes Guideline dissemination and supporting education for family physicians, patients and the general public, followed by evaluation of the effectiveness of Guideline use on patient pain care.

On Friday, May 28, 2010, CPC participated in a National Faculty meeting at the National Pain Centre (NPC), McMaster University, Hamilton, Ontario. The Guideline is being housed at the NPC which is charged with conducting Guideline updates as required. The CPC initially asked the NOUGG to consider conducting knowledge translation activities of the Professional Guideline geared towards people with pain, to facilitate their understanding and effective use of prescribed opioids for pain management. To that end, CPC is working on the Patient and Public Education committee of the National Faculty. At the initial meeting of this committee on May 28, it was proposed that the information, sourced and created to improve understanding about using opioids for pain management, be housed on the Pain Resource Centre of the Canadian Pain Coalition website.

National Leadership for Changes to Pain Care

On May 31 - June 1, 2010 in Toronto, CPC hosted a second meeting of the National Pain Consumer Advisory Group (NPCAG). The NPCAG was comprised of consumer representatives of CPC member groups and others with a keen interest in improving pain management in Canada. The meeting involved a combination of learning, networking and decision making.

CPC offered presentations to assist participants in volunteering more effectively, including:

- Canadian Drug Review Patient Input Process and the Ontario Drug Patient Input Process
- Canadian Guideline for the Safe and Effective Use of Opioids for Chronic Non-Cancer Pain
- In person advocacy and telling your personal story
- Creating an advocacy package, and
- Working with the media.

In order to facilitate an understanding of how pain care is being advanced across Canada, presentations were provided on the Quebec and British Columbia pain initiatives. In addition, several leaders gave updates on the activities of their organizations.

Participants ratified the CPC Advocacy Plan and with stronger language of conviction agreed to carry out the plan together. The Plan, developed by the NPCAG working group in March, addresses the two identified priorities of access to services for people with pain (medication) and having pain recognized as a disease in all provinces and territories. The Advocacy Plan includes a call to action for the development of a National Pain Strategy which coincides with the new focus of the CPS Task Force on Service Delivery.

Continued Page 4



Canadian Pain Coalition Update (cont'd)

The process of uniting Canada's Person with Pain Voice and the subsequent call to action has moved forward at lightning speed over the last six months as a result of CPC bringing Canada's pain consumer leaders together to do the work that they do best for their peers. A fundamental and highly productive shift has occurred with Canada's pain organizations agreeing to work as a collective under the CPC umbrella. On May 13, 2010, the Canadian Pain Coalition Board of Directors gave official support for the Advocacy Plan and created the CPC National Pain Consumer Advisory Committee that replaced the original NPCAG on June 1st. This smaller committee, soon to be staffed with CPC volunteer leaders, is charged with bringing the Advocacy Plan to fruition and developing future advocacy initiatives.

As the now stronger, *National Voice of People with Pain*, CPC is poised to lead a united consumer movement for change in pain care and to work collaboratively with the Canadian Pain Society and other stakeholders as we establish a National Pain Strategy that will be launched at a National Pain Summit planned for the spring of 2012.

Media Opportunities

Since the spring newsletter, CPC volunteers have provided the person with pain perspective in print articles on cancer pain, post surgical pain and the Canadian Guidelines for the Safe and Effective Use of Opioids in Chronic Non-Cancer Pain. Lynn Cooper participated in the media coverage surrounding the Canadian Pain Society Conference in Calgary.

Lynn also participated on an Edmonton talk radio program, Lifetalk, AM 930, on May 26, 2010. The focus was pain and pain management. The host, Wade Sorochan, who had originally booked 10 minutes, quickly realized that pain was an important topic and the interview was expanded to 40 minutes.

All media opportunities for CPC and CPS are highlighted on the CPC website. We are receiving feedback from our members about the media attention and topics discussed.

Conference Attendance

CPS Annual Conference in Calgary- a busy time for CPC

It was a pleasure to see familiar faces and make new acquaintances at the CPC booth during the tradeshow at the CPS conference in Calgary. Thanks for dropping by, taking educational materials for your clients and signing up as team leaders to support *Team CPC Pennies for Pain* in the Scotiabank Toronto Waterfront Marathon, September 26.

CPC held its Annual General Meeting on May 12 where Diane Lewis was awarded the Helen Tupper Award for Exemplary Volunteerism in Pain Education and Awareness. We said goodbye to retiring Board Members Barry Ulmer, Mark Pitcher, Dr. Mike Salter and Louise O'Donnell-Jasmin. We welcomed Dr. John Clark as CPC Medical Advisor and new Board Members James Brophay (fund development), Dr. Marc White (research), Louise Carbonneau-Vermeiren (treasurer) and Wady Dyson Nierszhauss (membership and volunteers). These new members got to work quickly in a Board Meeting on May 13 with Dr. Celeste Johnston (Vice President), Sandra Gartz (Secretary), Diane Lewis (Nursing Issues SIG), Dr. Ann Gamsa (Painexplained), Janice Sumpton (Pain Resource Centre), Dr. Cathy Bushnell (CPS) and Lynn Cooper (President). All CPC Board Members attending the conference participated in a newsletter planning session on May 15 where we welcomed David Sumpton as newsletter coordinator. Lynn Cooper attended the CPS Board and Task Force on Service Delivery Meetings as CPC's representative. We also managed to attend much of the conference which was excellent as usual!



Canadian Pain Coalition Update (cont'd)

IASP Conference, August 29 – September 2.

CPC representatives Sandra Gartz and Lynn Cooper will host the CPC booth at the IASP Conference in Montreal and will also attend the IASP Pain Summit on September 3.

Education and Outreach

Public Forums

During the months of May and June, CPC was a partner on seven Canadian forums for fibromyalgia. These well attended forums have coupled the expertise of renowned Canadian experts on pain and fibromyalgia with the personal perspective of someone living with the disease to provide a wealth of information. CPC has attended the events with the display booth or has sent educational materials for distribution.

CPC will be hosting five public forums about pain and pain management in Ontario this fall. Dates and locations will be posted on www.canadianpaincoalition.ca.

Newsletter and Pain Resource Centre

Due to fiscal restraint CPC made the tough decision to produce three instead of four newsletters in 2010. We combined the spring and summer editions. Additions to the Pain Resource Centre continue with major updates announced on the CPC website home page.

Fund Development and Awareness

The Scotiabank Toronto Waterfront Marathon is fast approaching. As of June 24, 2010 seven teams were registered to support CPC's fundraising and awareness efforts on Sunday, September 26, 2010. We expect more teams to join. For those who enjoy the fun of a little stretch of the legs while chatting with friends along the way, the 5K walk is for you. Create a team or add your name to *Team CPC Pennies for Pain* and help us reach our fundraising goal of **\$50,000**. Contact office@canadianpaincoalition.ca for a special discount registration code then visit <http://www.torontowaterfrontmarathon.com/en/charity/cpc.htm> to register and start fundraising for CPC.

The CPC Board of Directors wishes you an enjoyable summer!

Respectfully submitted:

*Lynn Cooper BES
President, CPC*



CPS Conference Photos



Suzanne Basiuk, Chris Spanswick, Carmen Clark, John Clark, Mary Lynch



Heritage Park Dinner and Awards evening



Michael McGillion, Jennifer Stinson and Jeffery Mogil



Paul Taenzer, John Clark and Carmen Clark



Petra Schweinhardt and Mary Lynch



Jennifer Stinson, Carl vonBaeyer and Mary Lynch



CPS Conference Photos (cont'd)



Mary, Ken Craig, Bruce Dick (accepting Pulsus Award on behalf of Saifee Rashiq), Harold Merskey and Robert Kalina (from PULSUS)



Harold Merskey and Judy Watt-Watson



George Canyon and Ellen Maracle Benton



Phillip Peng and Judy Watt-Watson



The Louise and Alan Edwards Foundation

Call for Applications

Ronald Melzack Pain Research Fellowship 2011

The Louise and Alan Edwards Foundation of Montreal requests applications for the *Ronald Melzack Pain Research Fellowship*. The objective of this fellowship is to support full-time research conducted at McGill or another Quebec Institution. Qualifying applicants will have completed a PhD, MD or comparable degree and have an interest in a full-time position conducting pain research. The Fellowship has a stipend commensurate with experience.

The Foundation requires that applicants obtain an agreement for sponsorship from a Full Member of the *Alan Edwards Centre for Research on Pain (AECRP)*. Consult <http://www.painresearch.mcgill.ca> for a list of researchers and research themes. The research can be conducted in collaboration with other Quebec Institutions provided that the primary sponsor is a Full Member of the AECRP. The Principle Investigator will fund the costs of the Fellow's research and participate in the formulation of a brief description of the research project.

Funding is for one year with a second year contingent on mutual satisfaction. Should ethics approval be required, *The Foundation* insists that an application be submitted within 3 months of the start date.

Applications should be submitted by e-mail to *The Louise and Alan Edwards Foundation* (l.e.edwardsfoundation@bellnet.ca) no later than **NOVEMBER 01, 2010**. Applications must be submitted as a single English pdf document and contain the following:

- letter of agreement from the sponsor,
- three letters of reference, including one from the Principle Investigator,
- a four-page CV,
- a brief research description (maximum of 2 pages, not including work cited) and
- work cited (maximum of 1 page).

Applications that exceed the page limitations will not be considered.



Nursing Issues – SIG Report

The NI-SIG held two events at the recent conference in Calgary:

Thursday evening, approximately 25 members enjoyed dinner and a working session. This year's topic addressed innovative ways to reach out to our members. We will be contacting the membership in the fall to share our plans. One of our ways of reaching out is through our newsletter! Shirley Musclow and her group have worked very hard and created a spectacular newsletter which was available at the conference. An electronic version is available on the website.

At our Annual Luncheon on Friday, approximately 35 members attended to network, greet our award winners, and elect our new executive. This year's award winners are:

Award Recipients:

Interprofessional Nursing Project Award (Purdue Pharma)
Dr. Michael McGillion

Nursing Excellence in Pain Management award (Janssen Ortho Inc)
Dr. Jennifer Stinson

Nursing Research and Education award (Biovail Pharmaceuticals Canada)
Ms. Nancy Shuttenbeld

NI-SIG Executive 2010 – 2011:

- Kathy Reid, Chair (Edmonton)
- Lori Palozzi, Awards (Toronto)
- Marsha Campbell-Yeo, Secretary (Halifax)
- JariLynn Eckert, Membership (Calgary)
- Shirley Musclow (Toronto) and Christine O'Leary (Calgary) – Newsletter

We hope to join forces with the Canadian Pain Coalition again this year for Pain Awareness week activities – please watch your email for more information.

Respectfully submitted,

*Kathy Reid, Chair
NI-SIG*



Book Review

edited by
Alison Twycross,
Stephanie J Dowden and
Elizabeth Bruce



Managing Pain in Children

a clinical guide

 WILEY-BLACKWELL



Book Review

Managing Pain in Children: A Clinical Guide

Managing Pain in Children: a clinical guide is a well written book covering many aspects of pediatric pain. Although written primarily for nurses by nurse experts in the field of assessing and managing pain in children, this book will be of benefit to any health care professional involved in the care of children and adolescents. The authors begin by discussing the under treatment of pain in children. The second chapter reviews current knowledge of anatomy and physiology of pain specific to the pediatric population. The bio-psycho-social framework presented in chapter 3 addresses the many factors that influence the child's perceptions and experiences of pain. Chapters 3 and 4 address pharmacological and non-pharmacological methods of management. Chapter 5 reviews pain assessment tools. The next four chapters focus on specific management for acute pain, chronic pain, palliative pain and procedural pain. The final chapter addresses factors which contribute to sub-optimal practice and presents possible solutions to assist organizations in improving pain assessment and management.

Throughout the book, current research is presented making this book a relevant evidence-based guide which can be used by both novice and experienced practitioners. Important definitions and practice points are identified throughout the text. Each chapter begins with an introductory paragraph containing an outline and a summary of important points discussed in the chapter. Also included are useful web resources.

One of the strengths of this book is the quality of the literature reviewed. Throughout, the text studies are summarized in point form, in topics that will be of interest in a wide variety of pain assessment and management situations.

Although published in the United Kingdom, the book will appeal to Canadian health care practitioners. One of the contributing authors is Dr. Jennifer Stinson, who is well known to the members of the Canadian Pain Society.

Reference: Twycross, A., Dowden, S., & Bruce, E. (2009). *Managing Pain in Children: A Clinical Guide*. Oxford, UK: Wiley-Blackwell. (\$63.99CDN)

Respectfully submitted:

*Kathy Reid, RN, MN, NP
Pediatric Chronic Pain Services, Stollery Children's Hospital, Edmonton
Chair, Nursing Issues – Special Interest Group, Canadian Pain Society*



Trainee Corner

Marsha Campbell-Yeo



It is my pleasure to introduce *Marsha Campbell-Yeo*, CPS trainee and recent recipient of the 2010 CPS National Conference best clinical research poster award entitled *Kangaroo care: how fathers and mothers feel about it as an intervention to manage pain in their preterm infants*. Marsha as well, was one of twelve trainees to receive a travel award to attend the conference in Calgary this spring. Marsha is entering her final year of PhD studies at McGill University, Faculty of Nursing under the supervision of Dr. Celeste Johnston. Marsha received both her Bachelor and Master of Nursing Degrees at Dalhousie University in Halifax. She completed her neonatal nurse practitioner program at State University of New York. Marsha has an extensive background as a clinician in neonatal and paediatric intensive care, and neonatal, paediatric and high risk obstetric air medical transport. She currently practices as a neonatal nurse practitioner in a tertiary level Neonatal Intensive Care Unit (NICU) at the IWK Health Centre in Halifax, Nova Scotia.

Marsha's early exposure to research, prior to beginning her PhD studies, was with two clinical trials - a double blind placebo controlled randomized trial examining the off label use of a galactagogue on preterm breast human milk composition; and, a single blind randomized trial examining the effect of co-bedding on preterm infant regulation and parental anxiety and self-efficacy. Although primarily still involved with clinical trials, following commencement of PhD studies Marsha's research focus changed to the examination of innovative ways to diminish the adverse effects of repeated pain exposure on preterm neonates in the NICU. "As a clinician in the NICU," Marsha recently stated, "I have seen first hand both the positive impact of technology on infant mortality but also the high degree of stress and pain that it creates. In addition, we know that the benefits derived do not always equate to improved morbidity or long term outcomes for these vulnerable infants." When asked about the motivation for her research, Marsha commented, "I have always been fascinated by the impact of the environmental context and neonatal care practices that could potentially mitigate the negative impact of repeated pain exposure."

Marsha has been involved as a co-investigator on several clinical trials during her PhD studies including the examination of : a) skin-to-skin contact (also referred to as Kangaroo Mother Care) for procedural pain for very preterm infants; b) the effect of the addition of multimodal strategies (touch, voice and rocking) during maternal skin-to-skin during heel lance; c) touch and parental voice on procedural pain response in young infants and toddlers in the NICU; d) the comparison of skin-to skin contact for procedural pain provided by mothers compared to fathers; e) the effect of therapeutic touch on procedural pain response in extremely preterm infants; and, f) the effect of co-bedding on preterm infants in the NICU in relation to global stress response. In addition, Marsha used qualitative methods to examine mother, father and nurse attitudes towards the clinical acceptability of skin-to-skin contact as a pain relieving strategy in the NICU. She is also co-author on a Cochrane review entitled *Skin-to-skin care for procedural pain in neonates*.



Trainee Corner (cont'd)

Marsha's dissertation entitled *Co-bedding as a comfort measure for twins undergoing painful procedures (CComForT Trial)*, builds on many of the findings of her previous work. "Solid evidence indicates that maternal skin contact blunts infants' pain responses," notes Campbell-Yeo. "It is uncertain whether this benefit is derived solely from a mother. Co-bedding mirrors much of the maternal context primarily with respect to olfactory, memory, regulation and tactile stimulation." She will compare the *comfort effect* of co-bedding by examining pain response and physiologic stability among co-bedded (diaper clad twins cared for together in the same incubator) and non-co-bedded (cared for separately in different incubators) preterm twins during a heel stick procedure. In order to do so, she will measure twins' pain response through their physiological and facial reactions and recovery times. Secondary measures will include heart rate variability and hormonal stress response levels. According to Marsha, "If our investigation finds evidence to support co-bedding's benefits, nurses and other care providers will have another important means of comforting this vulnerable twin population. In addition, the results will provide important information to help understand the mechanisms underlying the benefits of skin contact."

Marsha's PhD studies were initially supported through doctoral awards from the Nova Scotia Health Research Foundation, Quebec Interuniversity Intervention Nursing Research (GRIISQ), and the Canadian Nurses Foundation (CNF). Marsha currently holds a CIHR Fellowship Award and was a recipient of the Ruby Blois Doctoral Scholarship awarded by the IWK Health Centre Foundation. Her dissertation study is supported through funding from GRIISSIQ, IWK Category B grant and CNF.

Marsha is a member of the Pain In Child Health (PICH) training consortium, a CIHR-funded Strategic Training program. "I feel very privileged to have been involved with PICH. It has provided an outstanding opportunity for education, networking and mentorship opportunities. PICH has definitely played a paramount role in shaping my career as I move forward as a productive and independent researcher."

Thank you Marsha for sharing your area of expertise and research interests with us. Marsha can be reached at marsha.cambellyeo@iwk.nshealth.ca.

Submitted by:

*Sheila O'Keefe-McCarthy RN PhD student
CPS Trainee Representative
Lawrence S. Bloomberg Faculty of Nursing
University of Nursing*



IASP Press Release



P R E S S R E L A S E

Contact: Karen Smaalders | T : +1.206.283.0311 | iaspdesk@iasp-pain.org

***Pharmacology of Pain* Reviews New Developments for Treatment**

SEATTLE, April 15, 2010 – From opium poppy extracts to new analgesics, this comprehensive look at the pharmacology of pain describes the rapid evolution of pain knowledge and promising new developments for treating patients with chronic pain. Thanks to an improved understanding of the mechanisms of pain at cellular, molecular, and synaptic levels, researchers have developed analgesics that act on new targets, providing new hope for better pain management and improved quality of life in millions of patients worldwide.

This authoritative hardbound volume, edited by Drs. Pierre Beaulieu, David Lussier, Frank Porreca, and Anthony H. Dickenson, brings together leading experts in anesthesiology, pharmacology, pharmacy, neurology, pain medicine, and palliative care to review developments in the pharmacology of pain. The book also includes a section on the clinical pharmacology of pain for pain management in different patient populations (e.g., obstetric patients, obese patients, infants and children, older patients, and palliative care patients). Special topics are also covered, such as the pharmacology of tolerance, dependency and addiction, pharmacogenetics, and models of pain. The authors also describe new insights into placebo analgesia.

“Multimodal analgesia (the simultaneous use of more than one family of analgesics) is crucial to obtain better results,” Dr. Beaulieu explains. “Some current drugs such as opioids are effective in a large number of situations, but at the expense of troublesome or even life-threatening side effects. The complexity of pain targets is now obvious, and no one magic bullet will be able to address them all.”

The editors believe this comprehensive review of the pharmacology of pain will be particularly useful for basic scientists, clinical researchers, clinicians, and other health professionals.

About IASP®: Founded in 1973, the International Association for the Study of Pain is a nonprofit organization that brings together scientists, clinicians, health care providers, and policy makers to stimulate and support the study of pain and to translate that knowledge into improved pain relief worldwide. IASP Press® publishes timely, high-quality, reasonably priced books on a variety of topics related to pain research and treatment.

IASP currently has nearly 7,000 members from 123 countries and in 80 chapters. For more information, visit:

www.iasp-pain.org

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Upcoming Events

Upcoming Events

Moving the Pain Education Agenda Forward: Innovative Models

Official Satellite Symposium of the 13th World Congress on Pain

August 26-27, 2010

Toronto

This program meets the continuing education criteria for accreditation as established by the Royal College of Physicians and Surgeons of Canada, the American Medical Association Physician's Recognition Award (AMA PRA), and the European Accreditation Council for Continuing Medical Education (EACCME).

Sponsored by the Faculty of Medicine, University of Toronto.

Contact: Judy Watt-Watson, paineducationsymposium@utoronto.ca

Bloomberg.nursing.utoronto.ca/PainSymposium.htm

2010 International Chronic Pelvic Pain Symposium & Workshop

August 27, 2010

Kingston, Ontario

This is a multidisciplinary international conference featuring leading experts in chronic pelvic pain management.

Contact: Jane Dauncey, jane.dauncey@queensu.ca, 613-533-2875; painday2010.com

Ultrasound for Pain Medicine Workshop

Official Satellite Symposium - 13th World Congress on Pain

August 27-28, 2010

Hotel Montreal Bonaventure

900 de La Gauchetiere W

Montreal, Quebec, Canada H5A 1E4

Contact: Christine Drane, Conference Coordinator

Phone: 416-603-5118; Fax: (416) 603-6494; e-mail: Christine.Drane@uhn.on.ca

Website: www.uhn.ca/Clinics_&_Services/services/anesthesia_twh/conferences/index.asp

Honouring Dr. Ronald Melzack

August 28, 2010

World Congress on Pain, Montreal

A reception honouring Ronald Melzack for his contribution to the science of pain, including a presentation by Professor Emeritus John Loeser is being held in Montréal on *Saturday August 28, 2010*.

Contact: Ellen Maracle-Benton, Events In Sync, Inc., 905-404-9545, ellen@eventsinsync.com

Cannabinoids and Pain Symposium

August 28th, 2010

Montreal, Canada

Official Satellite Symposium of the 13th World Congress on Pain

Information: <https://www.surveymonkey.com/s/TRGKNLX>



Upcoming Events (cont'd)

13th World Congress on Pain

August 29-September 2, 2010

Palais des congrès de Montreal

Montreal, Quebec

Information and registration: www.iasp-pain.org

International Pain Summit

International Association for the Study of Pain

September 3, 2010

Palais des congrès de Montreal

Montreal, Quebec

Information and registration: www.iasp-pain.org

Musculoskeletal Disorders & Chronic Pain: Evidence-based approaches for clinical care, disability prevention and claims management

February 10 - 12, 2011

Century Plaza Hotel, Los Angeles, California

- Deadline for Early Bird Abstract Submission (Eligible for Cash Prizes) July 15, 2010
- Deadline for late breaking papers and posters October 1, 2010

Information: <http://www.cirpd.org/conference2011>

Featured Co-Sponsor: Canadian Pain Society

From Research to Relief: Hitting Pain Where it Hurts

Canadian Pain Society Annual Meeting

April 13-16, 2011

Niagara Falls

Abstract deadline: September 1, 2010

Information: http://www.canadianpainsociety.ca/en/meetings_cps.html

BPS / CPS Joint Meeting

June 21-24, 2011

Edinburgh, Scotland

Announcements

Free online resources on pediatric pain:

Pediatric Pain Letter: <http://childpain.org/ppl>

New Publications in Pediatric Pain: <http://newpubs.childpain.org>



the CANADIAN PAIN SOCIETY
la SOCIÉTÉ CANADIENNE de la DOULEUR

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www.canadianpainsociety.ca

Mark Your Calendars

Deadline for submission of materials for the next Newsletter is **September 18, 2010**. We are interested in receiving items on:

- Interesting case studies
- Programs of research
- New clinical programs or initiatives in pain
- Upcoming meeting announcements
- Book reviews

Please send correspondence to:

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Canadian Pain Society 2010

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The CPS Newsletter is published four times per year by the Canadian Pain Society. Comments and suggestions are welcome.

Don't forget

A special invitation is extended to our colleagues in Manitoba and Saskatchewan to contribute news from your part of Canada.