



BARRIERS TO PAIN CARE

A GP's PERSPECTIVE

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A photograph of a metal padlock on a door handle, symbolizing a barrier or obstacle. The padlock is brown and has a blue sticker on it. The door handle is silver and is part of a metal door frame. The background is a blurred indoor setting.

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10. Inpatient consultation –acute on chronic, perioperative care, complicated.

A photograph of a person sitting on a metal bench. A large, brown, weathered padlock is attached to the metal frame of the bench, symbolizing a barrier or obstacle. The person is wearing a blue top and dark pants. The background is a blurred outdoor setting.

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11. Voc Rehab.



SUGGESTIONS FOR CHANGE

1. Prevention-Provincial/Federal Health Ministries

-Organizations

-Universities

SUGGESTIONS FOR CHANGE

- 3. Affordability- faster approval for med coverage
 - for CP pt's coverage for proven therapies



SUGGESTIONS FOR CHANGE



4. Pain Clinic waits- presently 18 mos.
 - non-urgent:1-2 mos
 - urgent <1 week
 - emergent <24 hrs or admission
5. Specialist training- core plus fellowships
6. Sleep clinics- proliferating presently
7. Supportive therapies- self referral
8. Interventional- streamline, funding
9. Addictionology- personnel need dual training
10. Hospital consults- sessional fee ?Hospitalists ideal
11. Voc.Rehab-Lydia's story

SUGGESTIONS FOR CHANGE



2a. PCP care

- GP shortage allows “pt cherry picking”, Dr P’s purse, & Cory story

- consult fees: split w/u into 3

 - ?sessional fees

 - CDM, add CP to list

2b. PCP training would help with

- dx. Eric’s pseudoaddiction, Warren’s opioid induced hyperalgesia

- tx. Dwight’s dysfx, Howard’s hypogonadism, Meth myths

SUGGESTIONS FOR CHANGE



PCP training con't

-opioid monitoring: opioid=marriage, Dr Chip's slip,
Universal Precaution use

Suggestions for training: a) short term: funded courses,
cost free local courses, Rx funded educational grants for
courses & preceptorships.

b) long term: med school,
residency/fellowships.

5 YEARS OF EVOLUTION

- Neuropathic med. dosing
- TCA choice
- Methadone prescribers
- Opiate agreements
- UDS
- Topical meds
- Med students
- VIHA initiated interdisciplinary clinic
- Pain Doc humour



Ring the bell you still can ring

Forget your perfect offering

There is a crack in everything

That's how the light gets in

